

SHAPE

Top 30 Low-Calorie Snacks

(excerpt)



LUNA Minis in White Chocolate Macadamia, Peanut Butter Cookie, and LemonZest (80 CALORIES, 2 TO 3 G FAT PER BAR)

Each of these treats, which fit in the palm of your hand, is packed with 4 grams of protein. "A few bites of a regular bar fill me up, so this size is just right," said one fan. (\$12 for 18)

Link: http://www.shape.com/healthy_eating/on_the_go/snacks/low_calorie_snacks/p/page/2